YEAR 3 • PSHE • UNIT 3

Too Much Selfie Isn’t Healthy!

How can we pay attention to other people and what they need?

What we need to know

- Look for chances to help. A small action, such as making space for someone in a game, can help them feel welcome.
- In an emergency, get help straight away. Tell a nearby adult what has happened and where.
- An everyday act of care deserves thanks. Tell someone exactly what you appreciated.
- In a team, listen to everyone, take turns and make room for ideas that differ from yours.
- Keep personal information, such as your home address, private online. Ask a trusted adult if you are unsure what to share.

Key words

kindness showing care through words or actions

emergency a serious situation that needs help straight away

cooperate work together towards a goal

personal information details that identify you, such as your address

Can you remember?

1. How could you help someone who is left out?
2. What should you tell an adult in an emergency?
3. How can you show you are listening in a team?
4. Name one detail to keep private online.

Sources | HeartSmart · Year 3 curriculum overview